

St Michael and All Angels Mill Hill



Sunday second before Lent



Sunday 8th February 2026

10:30 am



THE CHURCH
OF ENGLAND

The Processional Hymn (NEH 46)

Please stand

Why, impious Herod, shouldst thou fear
Because the Christ is come so near?
He who doth heavenly kingdoms grant
Thine earthly realm can never want.

2 Lo, sages from the East are gone
To where the star hath newly shone:
Led on by light to Light they press,
And by their gifts their God confess.

3 The Lamb of God is manifest
Again in Jordan's water blest,
And he who sin had never known
By washing hath our sins undone.

4 Yet he that ruleth everything
Can change the nature of the spring,
And gives at Cana this for sign--
The water reddens into wine.

5 Then glory, Lord, to thee we pay
For thine Epiphany to-day;
All glory through eternity
To Father, Son, and Spirit be. Amen.

The Greeting

In the name of the Father,
and of the Son,
and of the Holy Spirit.

All: Amen.

The Lord be with you

All: And also with you.

The priest introduces the service

Prayer of Preparation

All: Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.

Prayers of Penitence

In a moment of quietness, let us prepare ourselves
to celebrate the sacred mysteries by calling to mind
the ways in which we have failed God and our neighbour,
and then let us confess our sins in penitence and faith,
firmly resolved to keep God's commandments
and to live in love and peace with all.

All: Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry
and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past
and grant that we may serve you
in newness of life
to the glory of your name. Amen.

Absolution

Almighty God, who forgives all who truly repent,
have mercy upon us,
pardon and deliver us from all our sins,
confirm and strengthen us in all goodness,
and keep us in life eternal;
through Jesus Christ our Lord.

All: Amen.

Kyrie

Gloria



Glory to God in the ¹ highest, and : peace to his ¹ people on ¹ earth.
Lord God, heavenly King, almighty ¹ God and ¹ Father,
we worship you, we give you thanks,
we praise you ¹ for your ¹ glory. **R**

Lord Jesus Christ, only Son of the ¹ Father,
Lord God, ¹ Lamb of ¹ God,
you take away the sins of the world; have ¹ mercy on ¹ us;
you are seated at the right hand of the Father;
re^lceive our ¹ prayer. **R**

For you alone are the ¹ Holy One,
you alone ¹ are the ¹ Lord,
you alone are the Most High, ¹ Jesus ¹ Christ,
with the Holy Spirit, in the glory of ¹ God the ¹ Father. **R**

Collect

Almighty God,
you have created the heavens and the earth
and made us in your own image:
teach us to discern your hand in all your works
and your likeness in all your children;
through Jesus Christ your Son our Lord,
who with you and the Holy Spirit reigns supreme over all things,
now and for ever.

All: Amen.

First Reading

Please be seated

Genesis 1: 1 – 2: 3

In the beginning when God created the heavens and the earth,
²the earth was a formless void and darkness covered the face
of the deep, while a wind from God swept over the face of the
waters. ³Then God said, ‘Let there be light’; and there was light.
⁴And God saw that the light was good; and God separated
the light from the darkness. ⁵God called the light Day,
and the darkness he called Night. And there was evening
and there was morning, the first day.

⁶And God said, ‘Let there be a dome in the midst of the waters,
and let it separate the waters from the waters.’

⁷So God made the dome and separated the waters that were
under the dome from the waters that were above the dome.
And it was so. ⁸God called the dome Sky. And there was evening
and there was morning, the second day.

⁹And God said, ‘Let the waters under the sky be gathered
together into one place, and let the dry land appear.’

And it was so. ¹⁰God called the dry land Earth, and the waters
that were gathered together he called Seas.

And God saw that it was good. ¹¹Then God said, ‘Let the earth
put forth vegetation: plants yielding seed, and fruit trees of every
kind on earth that bear fruit with the seed in it.’ And it was so.

¹²The earth brought forth vegetation: plants yielding seed
of every kind, and trees of every kind bearing fruit with the seed
in it. And God saw that it was good. ¹³And there was evening and
there was morning, the third day.

¹⁴And God said, ‘Let there be lights in the dome of the sky to separate the day from the night; and let them be for signs and for seasons and for days and years,’ ¹⁵and let them be lights in the dome of the sky to give light upon the earth.’ And it was so.

¹⁶God made the two great lights—the greater light to rule the day and the lesser light to rule the night—and the stars.

¹⁷God set them in the dome of the sky to give light upon the earth, ¹⁸to rule over the day and over the night, and to separate the light from the darkness. And God saw that it was good.

¹⁹And there was evening and there was morning, the fourth day.

²⁰And God said, ‘Let the waters bring forth swarms of living creatures, and let birds fly above the earth across the dome of the sky.’ ²¹So God created the great sea monsters and every living creature that moves, of every kind, with which the waters swarm, and every winged bird of every kind. And God saw that it was good. ²²God blessed them, saying, ‘Be fruitful and multiply and fill the waters in the seas, and let birds multiply on the earth.’

²³And there was evening and there was morning, the fifth day.

²⁴And God said, ‘Let the earth bring forth living creatures of every kind: cattle and creeping things and wild animals of the earth of every kind.’ And it was so. ²⁵God made the wild animals of the earth of every kind, and the cattle of every kind, and everything that creeps upon the ground of every kind. And God saw that it was good.

²⁶Then God said, ‘Let us make humankind in our image, according to our likeness; and let them have dominion over the fish of the sea, and over the birds of the air, and over the cattle, and over all the wild animals of the earth, and over every creeping thing that creeps upon the earth.’

²⁷So God created humankind in his image, in the image of God he created them; male and female he created them.

²⁸God blessed them, and God said to them, 'Be fruitful and multiply, and fill the earth and subdue it; and have dominion over the fish of the sea and over the birds of the air and over every living thing that moves upon the earth.'

²⁹God said, 'See, I have given you every plant yielding seed that is upon the face of all the earth, and every tree with seed in its fruit; you shall have them for food. ³⁰And to every beast of the earth, and to every bird of the air, and to everything that creeps on the earth, everything that has the breath of life, I have given every green plant for food.' And it was so. ³¹God saw everything that he had made, and indeed, it was very good.

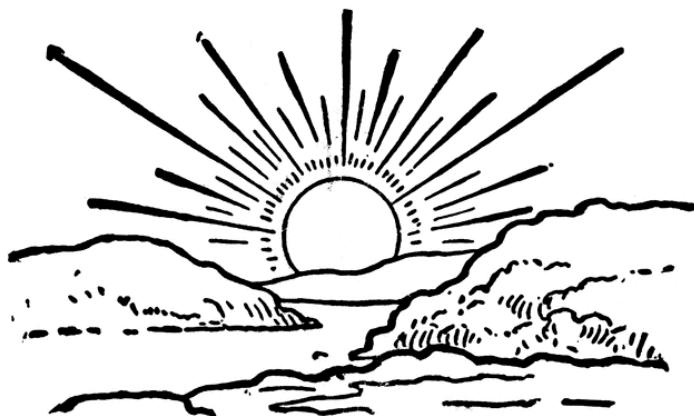
And there was evening and there was morning, the sixth day.

2 Thus the heavens and the earth were finished, and all their multitude. ²And on the seventh day God finished the work that he had done, and he rested on the seventh day from all the work that he had done.

³So God blessed the seventh day and hallowed it, because on it God rested from all the work that he had done in creation.

This is the word of the Lord.

All: Thanks be to God.



Psalm 112



Light shines in the dark - ness for the up - right. GW

R Light shines in the darkness for the upright.

1 Alleluia!

Happy are they who fear the Lord
and have great delight in **1** his com¹mandments!

2 Their descendants will be **1** mighty in **1** the **1** land;
the generation of the upright **1** will be **1** blessed.

3 Wealth and riches will be in their house,
and their **1** righteousness **1** will **1** last for **1** ever. **R**

4 Light shines in the darkness **1** for the **1** upright;
the righteous are merciful and **1** full of **1** com¹passion.

5 It is good for them to be generous in lending
and to manage their a¹fairs with **1** justice.

6 For they will never be shaken;
the righteous will be kept in **1** ever¹lasting **1** re¹membrance. **R**

7 They will not be afraid of any **1** evil **1** rumours;
their heart is right;
they put their **1** trust in **1** the **1** Lord.

8 Their heart is established and **1** will not **1** shrink,
until they see their de¹sire up¹on their **1** enemies. **R**

9 They have given freely to the poor,
and their righteousness stands **1** fast for **1** ever;
they will hold up their **1** head with **1** honour.

10 The wicked will see it and be angry;
they will gnash their teeth and **1** pine a¹way;
the de¹sires of **1** the **1** wicked **1** will **1** perish. **R**

Second Reading

Romans 8: 18-25

¹⁸I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us.

¹⁹For the creation waits with eager longing for the revealing of the children of God;

²⁰for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope ²¹that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God.

²²We know that the whole creation has been groaning in labour pains until now; ²³and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies.

²⁴For in hope we were saved.

Now hope that is seen is not hope.

For who hopes for what is seen?

²⁵But if we hope for what we do not see, we wait for it with patience.

This is the word of the Lord.

All: Thanks be to God.

The Gradual Hymn (NEH 51)

Please stand

Hail, thou Source of every blessing,
Sovereign Father of mankind!
Gentiles now, thy grace possessing,
In thy courts admission find.

2 Once far off, but now invited,
We approach thy sacred throne;
In thy covenant united,
Reconciled, redeemed, made one.

3 Now revealed to eastern sages,
See the star of mercy shine,
Mystery hid in former ages,
Mystery great of love divine.

4 Hail, thou universal Saviour!
Gentiles now their offerings bring,
In thy temple seek thy favour,
Iesu Christ, our Lord and King.

The Gospel

Musical score for 'Al-le-lu-ia' in G major, 6/8 time. The score consists of two staves. The top staff has lyrics: 'Al - le - lu - ia, al - le - lu - ia!' followed by 'Al - le-lu - ia, al - le - lu - ia!' and 'Al -'. The bottom staff continues the lyrics: 'le - lu - ia, al - le - lu - ia!' followed by 'Al - le-lu - ia, al - le - lu - ia!'. The score includes a tempo marking of 'Moderato' and a dynamic instruction 'p' (piano). The name 'jones' is written at the end of the score.

The Lord be with you

All: And also with you.

Hear the Gospel of our Lord Jesus Christ
according to Matthew

All: Glory to you, O Lord.

Matthew 5: 25-34

²⁵“Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food, and the body more than clothing?

²⁶Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? ²⁷And can any of you by worrying add a single hour to your span of life? ²⁸And why do you worry about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin, ²⁹yet I tell you, even Solomon in all his glory was not clothed like one of these. ³⁰But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, will he not much more clothe you—you of little faith?

³¹Therefore do not worry, saying, “What will we eat?” or “What will we drink?” or “What will we wear?”

³²For it is the Gentiles who strive for all these things; and indeed your heavenly Father knows that you need all these things.

³³But strive first for the kingdom of God and his righteousness, and all these things will be given to you as well.

³⁴So do not worry about tomorrow, for tomorrow will bring worries of its own. Today’s trouble is enough for today.

This is the Gospel of the Lord

All: Praise to you, O Christ.

The Sermon

Please be seated

The Creed

Please Stand

All: **We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one being with the Father.
through him all things were made.**

**For us and for our salvation
he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is
worshipped and glorified,
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.**

Amen.

Prayers of Intercession

Please be seated, or kneel if you prefer

In the power of the Spirit and in union with Christ
let us make our prayer to our heavenly Father.

Lord, in your mercy or Lord, hear us
All: Hear our prayer. **Lord, graciously hear us.**

*Please pray for those who are sick or housebound
We remember by name:*

Anil Ameer Subryan, Anna Morison, Arlen, Ashraf Jafari, Fr Barry Wright, Beryl, Catherine Dalgliesh, Chandralakha and Scott Singh, Christine, Christopher Brown, Chris Robins, Colin Izzard, Claire, Clifford Brown, Crystal, Daniel Ejelonu, Daniel Whittard, David Mulloy, Fr David Sharpe, Fr Desmond Tillyer, Deirdre Mullooly, Devon White, Edd Heimrich, Edna McGregor, Edward, Evelyn Semlyen, Gail Sparrow, Helen Cloke, Iren Fabian-Toth, Janet B, Jenny Wardle, John, Johnny, Jordan, Judi Bryant, Julian, Katherine Barker, Laura Newbury, Lauren Reeves, Lisa Sweet, Logan, Mark, Mary, Mary Akpieyi, Mandy, Mina and Reginald Apiafi, Muriel Doris Bloch, Nicola, Nicole, Pamela Ashcroft, Pavol Husar, Rachel, Rahema Charles, Ray, Rella Persaud, Remi Babatunde, Richard Johnson, Robert Winston, Russell Wilkinson, Saffron Leigh, Sandra, Sarah, Sebastian, Susan and Vanessa Husarov, Susan Paterson, Taiwo Odebode, Venita Delpino, Victoria.

We remember those who have recently departed this life:

and all whose anniversaries of death fall at this time:
Ethel Margaret Scott, Reginald St John, Nellie Cottrell and Doris Mariott.

Rest eternal grant them, O Lord;
All: And let light perpetual shine upon them.
May they rest in peace
All: And rise in glory.
Merciful Father,
**All: Accept these prayers for the sake of your son
our saviour Jesus Christ. Amen.**

The Peace

Please stand

We are the body of Christ.
In the one Spirit we were all baptized into one body.
Let us then pursue all that makes for peace
and builds up our common life.

The Peace of the Lord be always with you
All: And also with you.

Let us offer one another a sign of peace
All may exchange a sign of peace.



The Offertory Hymn (NEH 49)

Brightest and best of the sons of the morning,
Dawn on our darkness and lend us thine aid;
Star of the East, the horizon adorning,
Guide where our infant Redeemer is laid.

2 Cold on his cradle the dew-drops are shining,
Low lies his head with the beasts of the stall:
Angels adore him in slumber reclining,
Maker and Monarch and Saviour of all.

3 Say, shall we yield him, in costly devotion,
Odours of Edom and offerings divine?
Gems of the mountain and pearls of the ocean,
Myrrh from the forest or gold from the mine?

4 Vainly we offer each ample oblation,
Vainly with gifts would his favour secure;
Richer by far is the heart's adoration,
Dearer to God are the prayers of the poor.

5 Brightest and best of the sons of the morning,
Dawn on our darkness and lend us thine aid;
Star of the East, the horizon adorning,
Guide where our infant Redeemer is laid.

The Preparation of the Altar

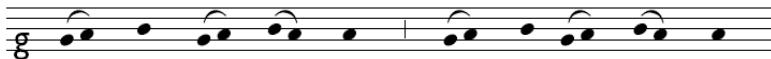
Blessed are you, Lord God of all creation:
through your goodness we have this bread to offer you,
which earth has given and human hands have made.
It will become for us the bread of life

All: Blessed be God forever.

Blessed are you, Lord God of all creation:
through your goodness we have this wine to offer you,
fruit of the vine and work of human hands.
It will become for us the cup of salvation.

All: Blessed be God forever.

The Eucharistic Prayer



The Lord be with you **R.** and also with you.



Lift up your hearts. **R.** **We lift them to the Lord.**



Let us give thanks to the Lord our God.

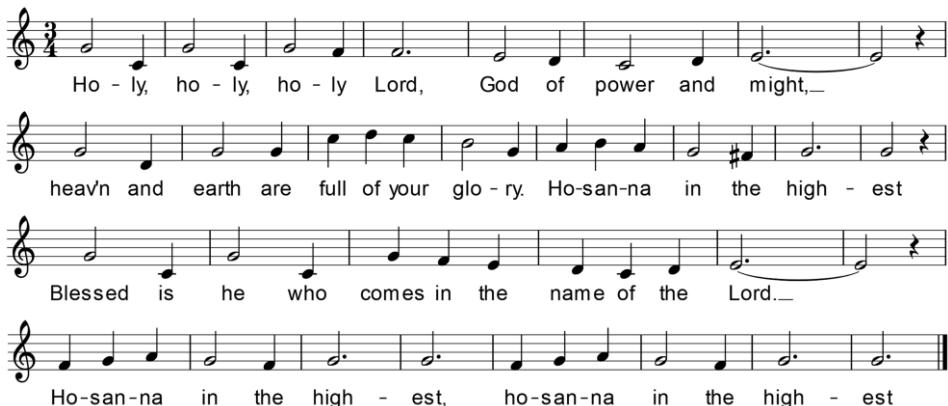


R. **It is right to give thanks and praise.**

Father, we give you thanks and praise
through your beloved Son Jesus Christ, your living Word,
through whom you have created all things;
who was sent by you in your great goodness to be our Saviour.

By the power of the Holy Spirit he took flesh;
as your Son, born of the blessed Virgin,
he lived on earth and went about among us;
he opened wide his arms for us on the cross;
he put an end to death by dying for us;
and revealed the resurrection by rising to new life;
so he fulfilled your will and won for you a holy people.
Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and singing:

Sanctus



Ho - ly, ho - ly, ho - ly Lord, God of power and might, ...

heav'n and earth are full of your glo - ry. Ho-san-na in the high - est

Blessed is he who comes in the name of the Lord...

Ho-san-na in the high - est, ho-san-na in the high - est

Please be seated, or kneel if you prefer

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

Great is the mystery of faith:



Christ has died. Christ is risen. Christ will come again. Murray

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once for the sins of the whole world;
rejoicing in his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.

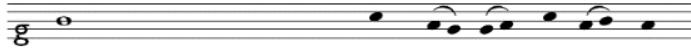
Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of the Blessed Virgin Mary,
St Michael and all the angels and saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;



by whom, and with whom, and in whom,



in the unity of the Holy Spirit,



all honour and glory be yours, almighty Father,



for ever and ever. Amen.

The Lord's Prayer

As our Saviour taught us so we pray:



Our Fa-ther who art in hea-ven, hal-lowed be thy name; thy king-dom come,
thy will be done on earth as it is in heaven. Give us this day our dai-ly bread.
And for-give us our tres-pas-ses, as we for-give those who tres-pass a-against us.
And lead us not in - to temp - ta - tion; but de - li - ver us from e - vil.
For thine is the king-dom, the power and the glo - ry, for e - ver and e - ver. A - men.

The Breaking of the Bread

We break this bread to share in the body of Christ

All: Though we are many, we are one body,
because we all share in one bread.

Agnus Dei



Lamb of God, you take a-way the sins of the world: have mer - cy on us, have
mer - cy on us. Lamb of God, you take a-way the sins of the world: have
mer - cy on us, have mer - cy on us. Lamb of God you take a-way the
sins of the world: grant us peace, grant us peace.

Invitation to Communion

Jesus is the Lamb of God
who takes away the sin of the world.

Blessed are those who are called to his supper

**All: Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

The Communion

*Communicant members of all Christian Churches
are warmly welcome to receive Holy Communion.
Any member of the congregation may receive a blessing.
Those wishing to receive a blessing should please bring
this order of service with them.*

The Communion Hymns (NEH 294)

Please remain seated

Just as I am, without one plea
But that thy blood was shed for me,
And that thou bidd'st me come to thee,
 O Lamb of God, I come.

2 Just as I am, though tossed about
With many a conflict, many a doubt,
Fightings within, and fears without,
 O Lamb of God, I come.

3 Just as I am, poor, wretched, blind;
Sight, riches, healing of the mind,
Yea all I need, in thee to find,
 O Lamb of God, I come.

4 Just as I am, thou wilt receive,
Wilt welcome, pardon, cleanse, relieve:
Because thy promise I believe,
O Lamb of God, I come.

5 Just as I am (thy love unknown
Has broken every barrier down),
Now to be thine, yea thine alone,
O Lamb of God, I come.

6 Just as I am, of that free love
The breadth, length, depth and height to prove,
Here for a season then above,
O Lamb of God, I come.

(NEH 298)

May the grace of Christ our Saviour,
And the Father's boundless love,
With the Holy Spirit's favour,
Rest upon us from above.

2 Thus may we abide in union
With each other and the Lord,
And possess in sweet communion,
Joys which earth cannot afford.

3 To the God whose wisdom made us,
To the Son who set us free,
To the sanctifying Spirit,
Glory, endless glory, be! Amen.

The Post Communion Prayer

God our creator,
by your gift the tree of life was set at the heart
 of the earthly paradise,
and the bread of life at the heart of your Church:
may we who have been nourished at your table on earth
be transformed by the glory of the Saviour's cross
and enjoy the delights of eternity;
through Jesus Christ our Lord.

All: Amen.

**All: Almighty God, we thank you for feeding us
with the body and blood of your son Jesus Christ,
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory. Amen.**

Notices

The Blessing

Please stand

The Lord be with you
All: And also with you.

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All: Amen.

The Recessional Hymn (NEH 52)

O worship the Lord in the beauty of holiness!
 Bow down before him, his glory proclaim;
With gold of obedience, and incense of lowness,
 Kneel and adore him, the Lord is his name!

- 2 Low at his feet lay thy burden of carefulness,
 High on his heart he will bear it for thee,
Comfort thy sorrows, and answer thy prayerfulness,
 Guiding thy steps as may best for thee be.
- 3 Fear not to enter His courts in the slenderness
 Of the poor wealth thou wouldest reckon as thine:
 Truth in its beauty, and love in its tenderness,
 These are the offerings to lay on his shrine.
- 4 These, though we bring them in trembling and fearfulness,
 He will accept for the name that is dear;
 Mornings of joy give for evenings of tearfulness,
 Trust for our trembling and hope for our fear.
- 5 O worship the Lord in the beauty of holiness!
 Bow down before him, his glory proclaim;
With gold of obedience, and incense of lowness,
 Kneel and adore him, the Lord is his name!

The Dismissal

Go in peace to love and serve the Lord.
All: Thanks be to God.



Services and events this week

- **Morning Prayer – Monday, Tuesday and Thursday on Zoom only**
- **Sunday 15nd February – next before Lent
10:30am Parish Mass in the church
Celebrant: the Revd John Wainwright**

St Michael and All Angels Mill Hill

ASH WEDNESDAY



"Remember you are dust
and to dust you shall return."

Wednesday 18th February

7.30pm Mass